



FLINDERS UNI MUAY THAI CLUB

FLINDERS UNIVERSITY



Trainer Code of Conduct

The Code of Conduct outlined supports professionally responsible and ethical training practices and to guide Trainers in their work:

1. Specific needs for training are identified and confirmed through consultation with appropriate personnel including the Head Trainer.
2. Training is conducted in a safe and accessible environment.
3. Training delivery methods are selected appropriate to training participants needs, trainer availability, location and resources.
4. Strategies and techniques are employed which facilitate the learning process of individual participants.
5. Trainers understand that different approaches to different participants are necessary in reaching the desired goals of the individual participant.
6. A systematic approach is taken to training and the approach is revised and modified to meet specific needs of training participants.
7. Various methods for encouraging learning are implemented to provide diverse approaches to meet the individual needs of participants.
8. The committee of trainers monitors fighters' readiness for competition.
9. Head trainer has final determination of a fighter's readiness for competition.
10. Training is delivered in an environment free of harassment and discrimination.
11. Trainers must maintain a Platonic Relationship with all fighters and participants at all times.
12. Trainers have a duty of care to all fighters and participants.
13. Trainers must promote Flinders University Muay Thai in a positive light at all times.



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Trainers Job Description

Liaise with:

Members, Club Officials, Promoters, Muay Thai Organisations, Other Muay Thai Clubs and Other Trainers.

Purpose:

- To teach Muay Thai to members.
- To assist members in reaching their individual goals whether that may be to improve fitness, fight competitively and/or learn Muay Thai techniques.
- To promote the ideals of martial arts including respect, loyalty and discipline.

Responsibilities:

1. Head Trainer is responsible for all training equipment
2. Head Trainer makes the final decision of what equipment to purchase.
3. Head Trainer will represent the Club at Peak Body (Muaythai Australia) and International Body (WMC/IFMA) meetings.
4. Head Trainer will liaise with other related organisations and Clubs
5. Head Trainer may from time to time travel (interstate or overseas) to perform his duties and if necessary Head Trainer will nominate a Committee Member or Trainer to represent him/her.
6. Conduct club training as directed by the Head Trainer.
7. Inform the Head Trainer of times when you will not be able to assist the club with adequate notice.
8. Comply with all the terms of the Trainers Code of Conduct.
9. Ensure prospective members are introduced to Muay Thai basics and introduced to club procedures in their first class.
10. Provide necessary support and guidance for new and existing members.
11. Inform prospective fighters of all requirements of the commitment to competitive fighting and the commitment to the club.
12. Inform prospective fighters that their actions in and outside the club are a direct reflection on the club and they should behave at all times in a respectful manner.
13. Stop any activity, which is not in conformance with club procedures and Trainers' Code of Conduct.
14. Stop any activity that may result in the health and safety of any person at the gym being at risk.
15. Adopt an approach to training that aims for continuous improvement.
16. Maintain a professional and respectful image of Flinders University Muay Thai at all times.



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Members' Code of Conduct

1. Be aware of dangers involved in training
2. Use common sense while training and remove possible dangers to the training environment.
3. Alert the attention of a trainer if you feel anyone's safety is at risk.
4. Inform trainers of any injuries or illness you may have.
5. Members accept that Muay Thai is a combat sport and injuries/ accidents can occur during training.
6. Be responsible towards your training partner and all members.
7. Listen to and obey all instructions given by trainers.
8. Always ask questions if instructions are not understood.
9. Always maintain safe conduct while training.
10. Always demonstrate respect to your trainers, club equipment and club training place.
11. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
12. Aim to always represent Flinders University Muay Thai in positive light by exercising the core values of respect, discipline and loyalty.